

France / Europe / États-Unis

Des chiffres et des cartes

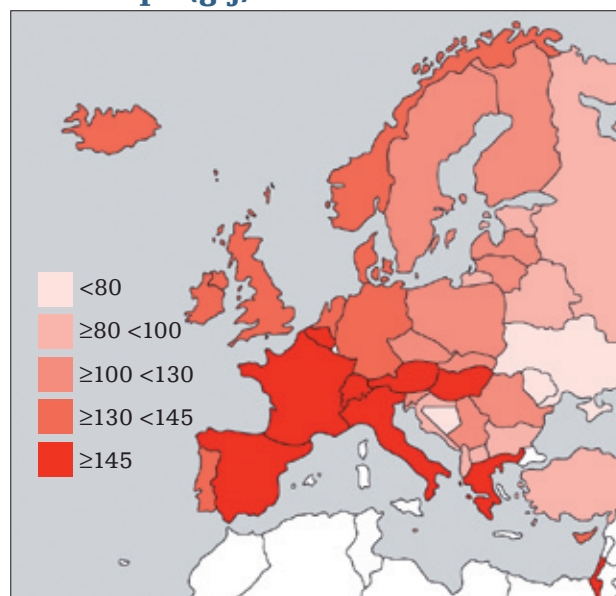
Lipides, Saturés, Maladies cardiovasculaires, Surpoids, Obésité...

Les Français mangent plus gras et plus saturés que la plupart de leurs voisins européens et que les Américains... Et pourtant, en France, les taux de mortalité cardiovasculaire et d'obésité sont parmi les plus bas du monde chez les hommes comme chez les femmes...

Parce que parfois quelques schémas valent mieux qu'un long discours, Cholé-doc vous propose un numéro tout en images.

Données de Consommation

Consommation lipidique en Europe (g/j)



d'après (1)

Consommation lipidique aux États-Unis

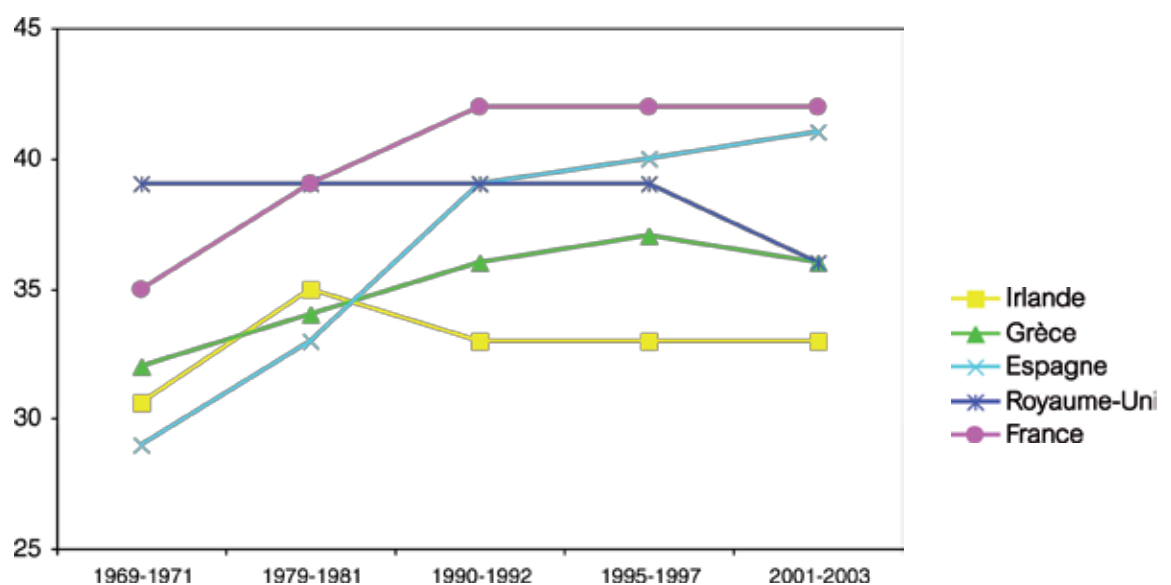
79g/j soit 33% de l'AET avec 10,8 % de saturés

Consommation de saturés en Europe (%AET)

France	15,5
Allemagne	13,7
Royaume Uni	13,5
Grèce	11,1

d'après (1 et 2)

Évolution de la consommation de lipides en Europe (% AET)



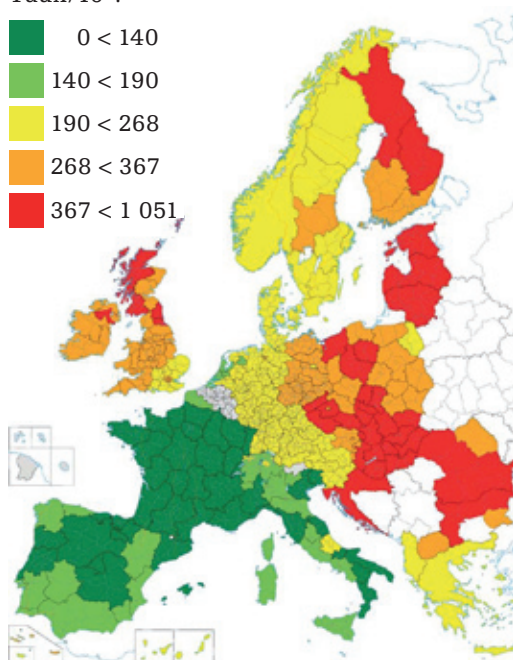
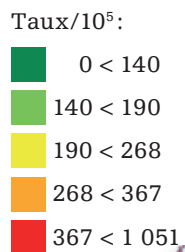
d'après (1)

numéro
106
MARS - AVRIL
2008

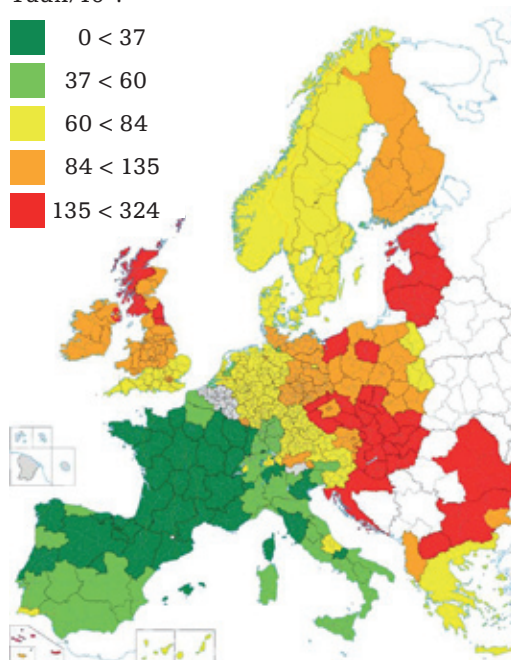
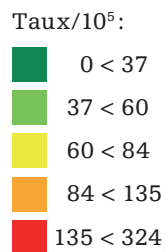
Mortalité cardiovasculaire en France et en Europe

Mortalité par cardiopathies ischémiques ajustée sur l'âge

Homme (45-74 ans) année 2000

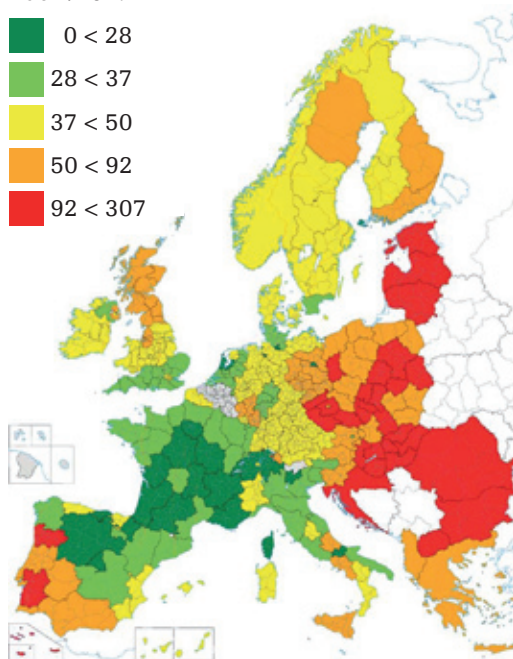
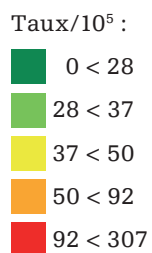


Femme (45-74 ans) année 2000

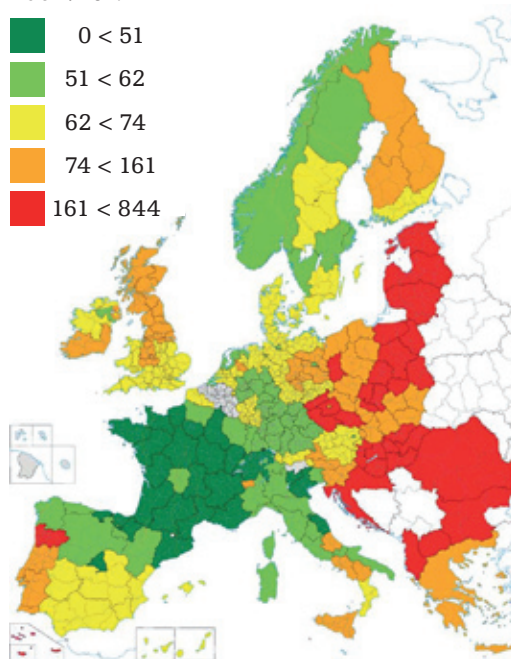
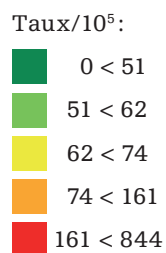


Mortalité par AVC ajustée sur l'âge

Homme (45-74 ans) année 2000

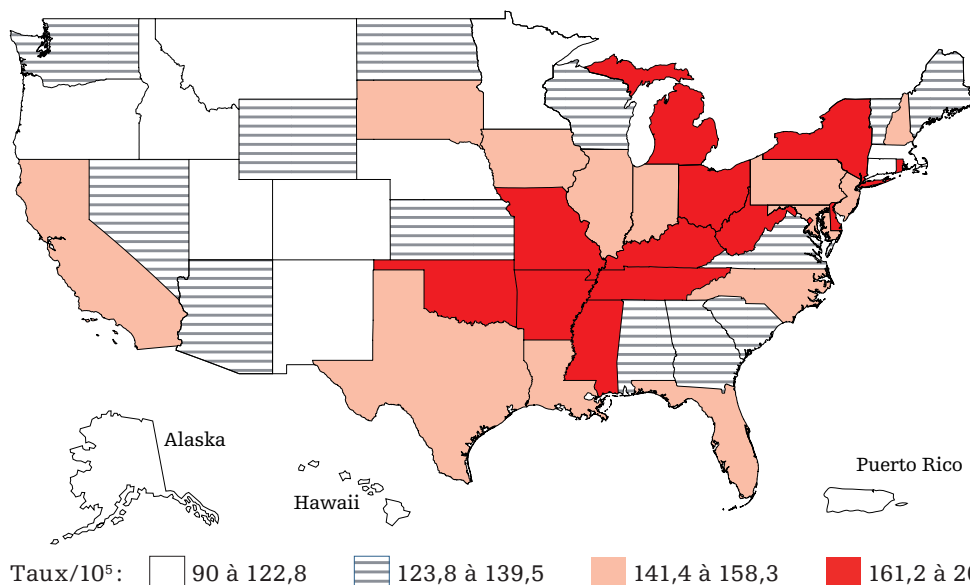


Femme (45-74 ans) année 2000



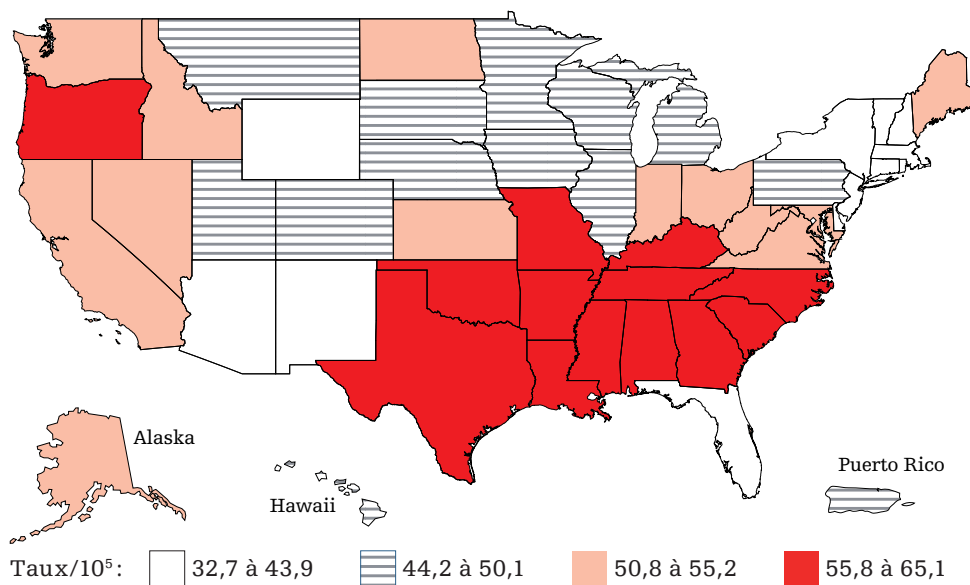
Mortalité cardiovasculaire aux États-Unis

Mortalité par cardiopathies ischémiques ajustée sur l'âge



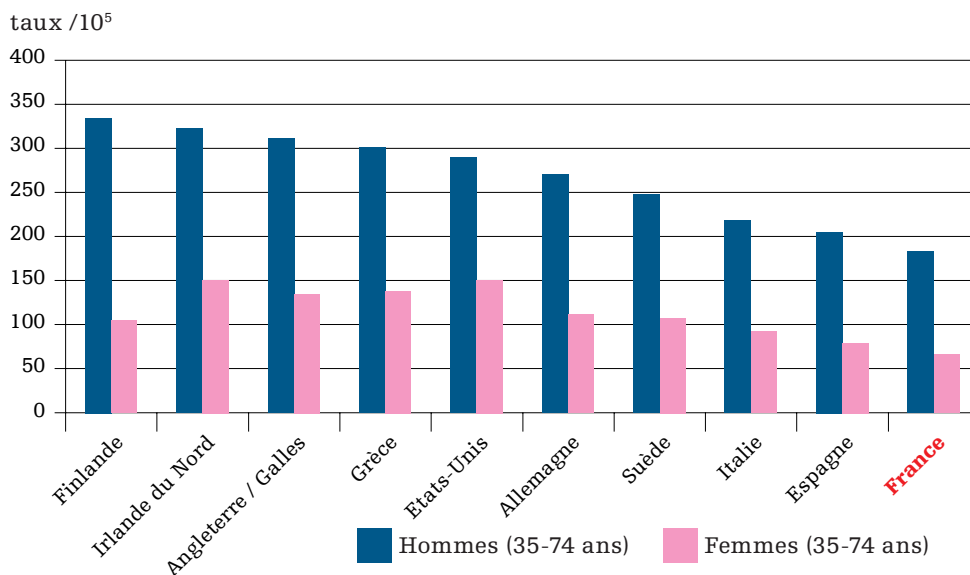
d'après (2)

Mortalité par AVC ajustée sur l'âge



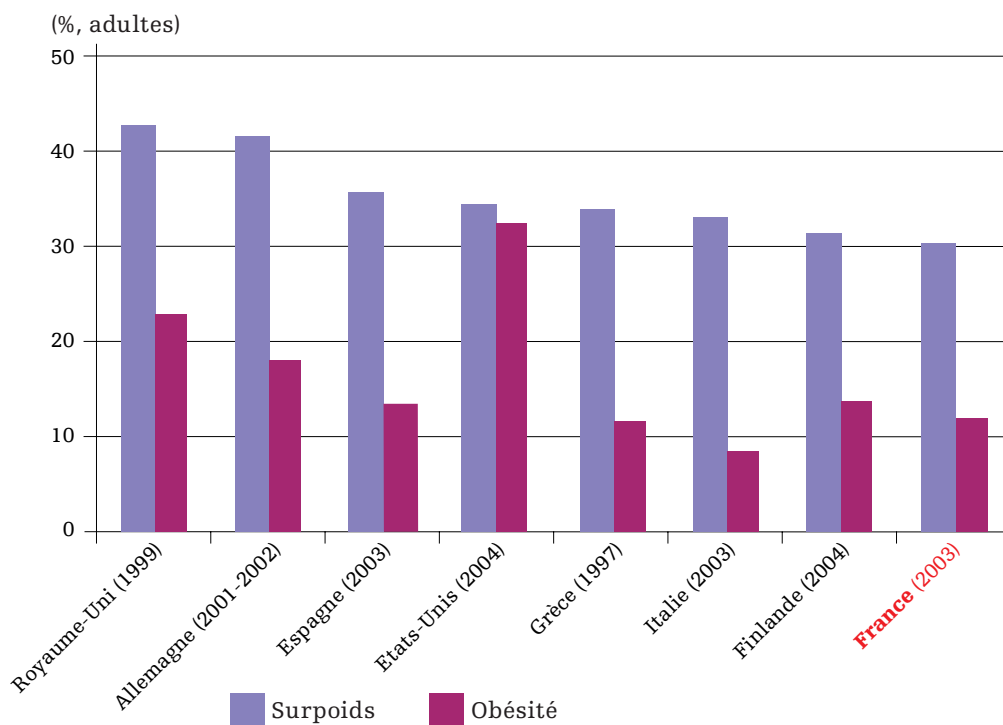
d'après (2)

Mortalité cardiovasculaire totale en Europe et aux États-Unis



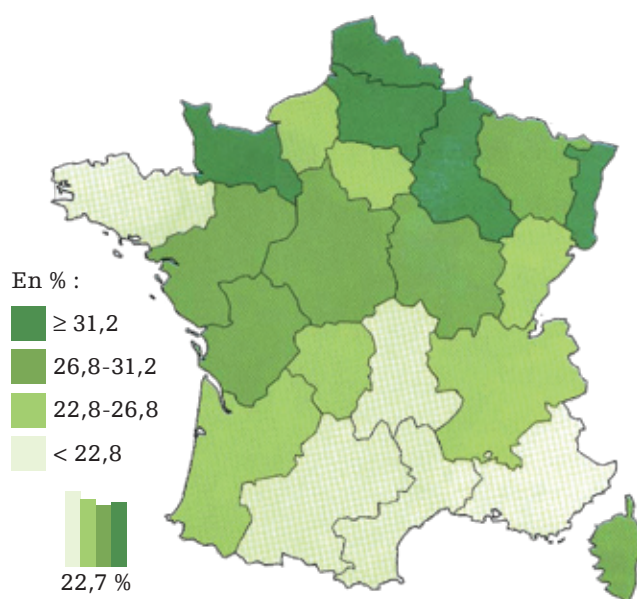
source: American Heart Association 2008 Statistical update

Surpoids et obésité en France, en Europe et aux États-Unis

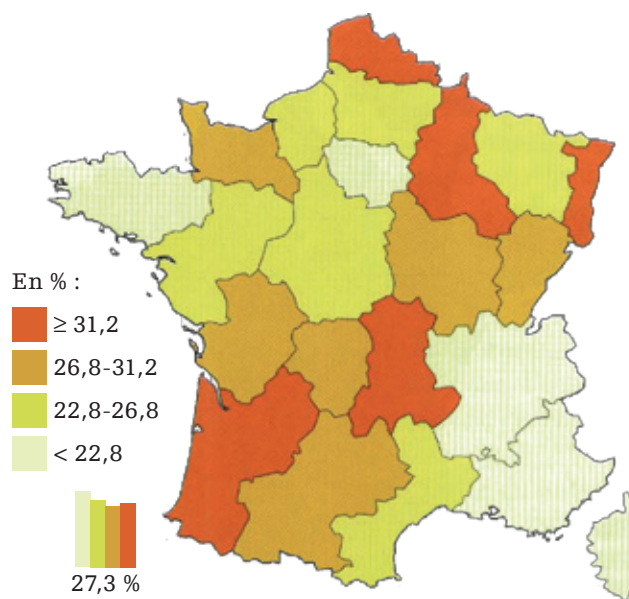


Source OMS: <http://www.who.int/bmi/index.jsp>

Surpoids (%) chez les femmes (20-75 ans)



Surpoids (%) chez les hommes (20-75 ans)

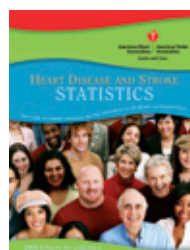


d'après (3)

Pour en savoir plus



(1) 2008



(2) 2008



(3) 2006

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